

by Sandra La Madeleine from L'amas de laine ©



Back in October, I challenged myself to create one new item every day of the month. Of course I disappointed myself when, after only four days, I gave up. Who would've thought that creating one thing everyday for 31 days was a bad idea..!? ANYWAY. I still had time to make at least a couple of things. And this cute little cowl was one of them. And after way too much procrastination, and almost four months later, here is the written pattern. FINALLY!

This pattern comes in two sizes but it is extremely easy to adjust to any size you want. It's super simple but super fun to make. The perfect design for beginners to learn the crossed double crochets and the crab stitch.

I hope you like it!

If you make a Freeze cowl, I hope you'll share your pictures with me on social medias.

Happy crocheting!

San xx

# Material:

- a 6 mm hook
- Bulky weight yarn (size 5)\*. I used Loops and Threads

Chameleon yarn. (Alternative yarn: Red Heart Boutique Treasure)

• a pair of scissors and a yarn needle

### Abbreviations:

US terms

- ch = chain
- st = stitch
- dc = double crochet
- slst = slip stitch

# Gauge:

14 double crochet stitches X 8 rounds = 4 inches X 4 inches (10 cm)

### Notes:

- This pattern is made in a multiple of 2.
- \*\*The yarn I used is labelled as a worsted weight yarn. However, it is extremely bulky and there is no way it is a size 4. That's why I suggest a size 5 bulky weight yarn.
- Between parenthesis at the end of each row is the total of stitches made for that specific row.
- Find the tutorial for the crossed DC and the crab stitch on my YouTube Channel: https://youtu.be/PyeNuNLdrlo (english subtitles available!)

Size	Kid	Adult
Circumference of the cowl	18 inches (46 cm)	20 inches (51 cm)
Height of the cowl	8 inches (20,5 cm)	9 inches (23 cm)
Amount of yarn needed	65 gr (127 m)	75 gr (147 m)



Ch62, slst to first ch to form a ring.

- 1. Ch2 (does not count as a st), 1dc in each ch around. Slst to first st. (62)
- 2. Ch2 (does not count as a st), [skip 1 st, 1dc in next st, 1dc in skipped st] 31 times. Slst to first st. (62)
- 3. Ch2 (does not count as a st), 1dc in each st around. Slst to first st. (62)
- 4 to 15. Repeat round 2 and 3, alternately.
- 16. Ch1, crab stitch all around. SIst to first st. (62)

Fasten off.

On the other side of the starting ch:

Join your yarn.

17. Ch1, crab stitch all around. Slst to first st. (62)

Fasten off. Hide all your tails.



Ch70, slst to first ch to form a ring.

- 1. Ch2 (does not count as a st), 1dc in each ch around. Slst to first st. (70)
- 2. Ch2 (does not count as a st), [skip 1 st, 1dc in next st, 1dc in skipped st] 35 times. Slst to first st. (70)
- 3. Ch2 (does not count as a st), 1dc in each st around. Slst to first st. (70)
- 4 to 17. Repeat round 2 and 3, alternately.
- 18. Ch1, crab stitch all around. SIst to first st. (70)

Fasten off.

On the other side of the starting ch:

Join your yarn.

19. Ch1, crab stitch all around. SIst to first st. (70)

Fasten off. Hide all your tails.

# And you're done!

I hope you enjoyed this pattern. If you make a Freeze Cowl, I'd love to see it! You can add a "Project" on Ravelry, you can share your picture on my Facebook page, or you can use the hashtag #crochetlamasdelaine on Instagram!

# Thank you!

Sanxx

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